

EVERGREEN YOUTH TRACK AND FIELD CAMP REGISTRATION FORM

Participant Information:

Name: _____ Date of Birth: _____ Grade Level: _____

Address: _____

City: _____ State: _____ Zip: _____

Parent/Guardian Name: _____ Phone Number: _____

Email: _____

Emergency Contact Name: _____ Phone Number: _____

Medical Information: Does the participant have any medical conditions, allergies, or special needs?

Yes No If yes, please explain:

LIABILITY WAIVER AND RELEASE FORM I, the undersigned parent/legal guardian, give permission for my child, _____, to participate in the Evergreen Track and Field Developmental Camp. I understand that track and field activities involve physical exertion and carry inherent risks, including but not limited to falls, contact with other participants, and equipment-related injuries.

I acknowledge that my child's participation is voluntary, and I assume all risks associated with the activities of the camp. I agree to release and hold harmless Evergreen Track and Field, its organizers, coaches, volunteers, and affiliates from any and all claims, liabilities, damages, or expenses that may arise from participation in this camp.

I certify that my child is in good health and able to participate in physical activities. In case of emergency, I authorize the camp staff to seek medical treatment for my child if I cannot be reached. I accept full responsibility for any medical expenses incurred as a result of my child's participation.

I have read and understood this waiver and voluntarily sign as a condition of participation.

Parent/Guardian Signature: _____ Date: _____

PHOTO RELEASE: I give permission for Evergreen Track and Field to use photos or videos of my child for promotional materials and social media. Yes No

PAYMENT INFORMATION: Camp Fee: **\$30.00** Payment Method: Cash Check

T-Shirt Size (Circle One) YS YM YL AS AM AL AXL

Make checks payable to: Evergreen Track and Field

Submission Instructions: Please return this completed form with payment to: The Evergreen High School, Middle School or Elementary Offices. For any questions, contact Aaron Schmidt at aschmidt@evgvikings.org

EVERGREEN YOUTH

TRACK AND FIELD CAMP

APRIL 21, 25, 28

MAY 5, 10

GRADES 3RD-6TH



COST = 30 DOLLARS

INCLUDES CAMP T-SHIRT

WHY TRACK AND FIELD CAMP?

EXPERIENCED COACHING STAFF

OUR EXPERIENCED COACHES WILL PROVIDE YOU WITH A HIGH QUALITY INTRODUCTION TO TRACK AND FIELD. . LEARN THE BASICS AND REFINE YOUR SKILLS UNDER THEIR GUIDANCE.

LEARN ABOUT TRACK AND FIELD

LEARN PROPER RUNNING FORM, SPRINTING, AND DISTANCE TECHNIQUES AND RELAY TECHNIQUES. DEVELOP FIELD EVENT SKILLS IN LONG JUMP, SHOT PUT, HIGH JUMP, AND DISCUS

LEARN TO ENJOY COMPETING

ENGAGE IN FUN, STRUCTURED TRAINING SESSIONS WITH EXPERIENCED COACHES COMPETE IN A MINI TRACK MEET ON THE FINAL DAY!

CAMP SCHEDULE

APR 21

5-630 PM

SPRINTS, LONG JUMP,
SHOT PUT

APR 25

5-630 PM

ENDURANCE,
RELAYS, HIGH JUMP,
DISCUS

APR 28

5-630 PM

SPRINTS, LONG JUMP,
SHOT PUT

MAY 5

5-630 PM

ENDURANCE,
RELAYS, HIGH JUMP,
DISCUS

MAY 10

9AM - NOON

MINI MEET

CAMPERS WILL PARTICIPATE IN 3 OF THE FOLLOWING EVENTS
- 50M, 100M, 200M,
400M, HJ, LJ, SHOT,
DISC, 4X100M RELAY

LOCATION - EVERGREEN HIGH SCHOOL, PIFER FIELD 14544 COUNTY ROAD 6, METAMORA , OH

CONTACT INFORMATION - AARON SCHMIDT EMAIL - ASCHMIDT@EVGVIKINGS.ORG